

The Body of Skill and Opportunity: Equity through embodied practices

European Dancehouse Network Atelier

17 - 19 May 2023

[Dansateliers](#) & [ICK Dans Amsterdam](#)

There is lots to be discussed while diving into the notion of equity. But how does it take shape in practice?

During a three-day Atelier (17-19 May), part of the European Dancehouse Network programme, we explore different attempts at approaching equity as an integral part of dance practices. Dance artists Connor Schumacher, Jija Sohn and Aleksandra Lemm, and Christian Guerematchi each curate a day and were given the opportunity to invite other artists. The Atelier focuses on sharing embodied practices and tools for working from a (more) equitable ground. During the Atelier the invited artists will share their tools in practising and embodying equity - e.g. in the way we organise ourselves professionally and in artistic choice making. During the course of the three days, we will awaken our soft skills and explore through them tools for inviting and exercising equity in the context and relation of our moving bodies before arriving into our own bodies and artistic choice-making.

Please note: You don't need any dance skills or experience to participate in the three days of the Atelier. Regarding clothing, you are welcome to wear something you can move in easily, but you don't necessarily need dance/sports clothing. Both Dansateliers and ICK have changing rooms in case you would like to change clothes on location.

Programme outline

17 May 2023 / Dansateliers Rotterdam

This day is co-curated by [Connor Schumacher](#). We will start from his vision on dance and how he sees the findings of the European project Empowering Dance to base, a seed, of practicing healing on the dancefloor. He will lead us through a guided rave towards the principles and tools he applies in his practice, which are related to the training of soft skills.

Read more about: *Empowering Dance* - [Soft Skills in Dance Guidebook](#) – *how to enhance your practice*.

Connor is also inviting Joy Mariama Smith to share their own choreographic dialog on the topic of equity. Performance, installation, and movement artist, and educator Joy Mariama Smith's work focuses on issues related to visibility, projected identities, and self-representation in different contexts, and investigates the interplay between the body and its cultural, social, and physical environment. In their* dance, performances, and installations, they create spaces in which the distinction between spectator and participant becomes blurred and visitors are encouraged to reflect on the ways in which they deal with space. When they facilitate, they actively try to uphold inclusive spaces.

*they/them/their- used as a first person gender neutral pronoun in English.

12:00-12:30 Welcome with coffee and tea
12:30-13:00 Introduction to context and practices of the day
13:00-13:45 Physical Therapy Rave Session
14:00-14:50 Lunch
15:00-16:00 Dialogical Practice
16:00-16:30 Break
16:30-17:00 Social Choreographic Dialog
17:00-18:00 Group Discussion

18 May 2023 / Dansateliers Rotterdam

On 18 May, we will give space to the vision and practice of [Jija Sohn](#) and [Alexandra Lemm](#). From core values of care and vulnerability, they question our working conditions and shape human relationships. Together, they are building a movement that questions the preconditions for professional cooperation, thus tilting the position of the artist in relation to for example institutions or funding bodies. Jija is also one of the participating choreographers in the European community-building project [Performing Gender, Dancing in your shoes](#) which also questions positions and power relations and she took part in the residency program [Crowd](#) – for community-engaged dance artists.

10:00-10:30 Welcome with coffee and tea
10:30-11:00 Film *Landing on Feathers* and the work seen through the lens of equity
11:00-13:00 Physical practice *embodied relating*
13:00-14:00 Lunch
14:00-16:40 Second part of the physical practice
16:40-17:00 Open space for reflection and closing of the day

For international guests with EDN travel support who participate in all three days of the Atelier: the travel from Rotterdam to Amsterdam can take place in your own timing during the evening of 18 May. We recommend travelling from Rotterdam Centraal to Schiphol Airport with Intercity direct (departs 4-6 times per hour), and transferring to a train to Amsterdam Lelylaan (close to ICK and hotel Bastion) on Schiphol Airport. See the welcome kit below for more information on train tickets. Travel costs can be declared according to EDN guidelines.

19 May 2023 / ICK Dans Amsterdam

On 19 May, Slovenian/Central African dance maker [Christian Guerematchi](#) co-curates the day in Amsterdam. Christian's work starts from the black body in relation to western cultural and social structures. Iranian dance maker [Roshanak Morrowatian](#) will share her physical practice that embodies, both physically and spiritually, the multiplicity of human beings and proposes a

contemporary inclusive dance that celebrates the power of the collective. Afterwards, artist/curator [Richard Kofi](#) will lead an interactive panel, as an expert on Afrofuturism, together with Christian Guerematchi. Finally, through physical practices by both Christian Guerematchi and researcher/dancer Suzan Tunca, we will zoom in further on the state of bodies and how we can turn inwards through our skin and move closer to equity in dance practice.

9:30-10:00 Welcome with coffee and tea

10:00-10:20 Introduction by Christian Guerematchi

10:30-12:00 Movement practice by Roshanak Morrowatian

12:00-13:00 Lunch

13:00-13:45 Sharing of working methods and movie *CRNI TITO: Blaq Tito addressing the Parliament of Ghosts* (2023) by Christian Guerematchi

13:45-15:00 Lecture and interactive panel by Richard Kofi with Christian Guerematchi

15:00-15:15 Break

15:15-16:15 Intuitive movement practice by Christian Guerematchi

16:15-16:45 Breathing & Rebounding (Double Skin | Double Mind movement practice) by Suzan Tunca

16:45-17:30 Reflection and closing

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20:30 [Moving Futures Festival](#) at Theater Bellevue, Leidsekade 90, 1017 PN Amsterdam

Doors open at 20:00

If you are joining the festival programme at Theatre Bellevue, see pages 11 and 12 of this document for some restaurant tips close to ICK and to Bellevue!

Biographies

Connor Schumacher



Connor Schumacher is a dance artist and artistic leader of Stichting ARK, the foundation within which he creates raves, performances, and organises movement classes, with the goal to get people moving. Connor's social choreographic practice has been developed through his participation in several European research projects, including Performing Gender, Dancing Museums and Empowering Dance. He has since won the Prize of the Nederlandse Dansdagen in 2019, been nominated for the Gieskes-Strijbis Podiumprijs of 2022 and collaborated with Amsterdam Dance Event, Drift Om te Dansen, and Boiler Room. Through his research and practice he searches for new ways of interacting with an audience and the soft skills people can develop through dance. Society would be better if we danced every day.

Photo credit: Aqueene Wilson

Joy Mariama Smith



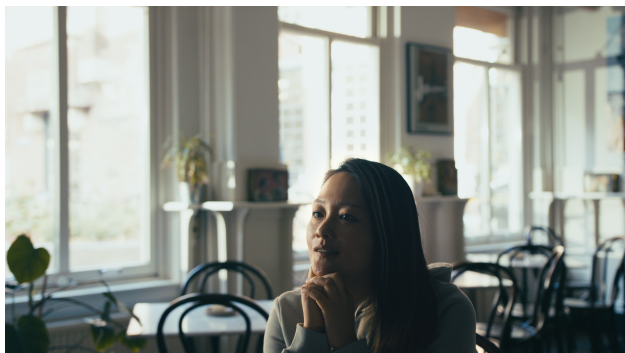
Performance, installation, and movement artist, and educator Joy Mariama Smith's work focuses on issues related to visibility, projected identities, and self-representation in different contexts, and investigates the interplay between the body and its cultural, social, and physical environment. In their* dance, performances, and installations, they create spaces in which the distinction between spectator and participant becomes blurred and visitors are encouraged to reflect on the ways in which they deal with space. When they facilitate, they actively

try to uphold inclusive spaces.

**they/them/their- used as a first person gender neutral pronoun in English.*

Photo credit: Lavinia Pollack

Jija Sohn



Jija Sohn (www.ijiasohn.com) is a Japanese-Korean artist based in Amsterdam.

she has dedicated her work and practice to exploring human connections and relations which recently resulted in three community based projects - Lands of Concert 2019-21 in collaboration with Julia Reist, ARP-Art Research Production in Brussels, Phantom Travels, 2021 and Landing on Feathers in collaboration with Julia Reist and Aleksandra

Lemm, an artist and therapist, 2020-23. Also, she currently works at the community building EU project, [Performing Gender - Dancing In Your Shoes with Theaterfestival Boulevard](#). These projects have become her way to look inside into our human nature, recognising and embracing all our flaws and strengths, making them into an intimate portrait of how we are as people alone and together.

Aleksandra Lemm



Aleksandra Lemm is an Amsterdam-based performance artist and therapist. Her work focuses on themes such as deepening trusting relationships between people, intimacy and individual and collective healing. She approaches these themes using a variety of therapeutic tools supported by embodiment practices.

www.aleksandralemm.com

Christian Guerematchi



Christian Guerematchi (Slovenia, 1981) is fascinated by human existence and the social structures involved. Skin colour, and in particular the black body in a world where white culture predominates, sexual orientation and gender are themes that emerge repeatedly in his work. ICK already supported the tour of *White Noise* (2019) and *NAM (Non Aligned Movement)* in 2020-2021. In 2022, his performance *Hissy Fit* (2022) premiered, in which he researches the 'hissy fit': an emotional outburst of despair and frustration. Currently, Christian is developing his new performance *FUNK*, to be premiered in 2023. The Dutch Fonds Podiumkunsten supports Christian with a new makers trajectory grant for the period October 2021 - January 2024. With this grant, Christian

will develop his choreographic artistry at ICK-Artist Space. Christian Guerematchi grew up in Slovenia, where he completed his ballet training and became a member of the Slovenian National Ballet. In 2006 he came to the Netherlands where he worked with choreographers such as Stephen Shropshire, Emio Greco | Pieter C. Scholten and Nicole Beutler. He combines his dance career with making his own work.

Roshanak Morrowatian



Roshanak Morrowatian (Iran, 1989) is a choreographer, dancer, actress, and performer. She holds a BA in dance and an MA in dance composition from the Folkwang University of the Arts in Essen, Germany. After studying modern dance, Roshanak worked as a freelance dancer and performer in the independent scene at home and abroad, before pursuing her interest in choreography. She danced and performed in the works of Marina Abramovic, Pina Bausch, Isabelle Beernaert, William Sánchez, Joost Vrouenraets, Alexis Blake and Bodytalk/Yoshiko Waki. As a choreographer, she has created pieces for the schrit_tmacherfestival, the Toneelacademie Maastricht Institute of performative arts, SALLY Dansgezelschap Maastricht, Folkwang University of the Arts, Theater Narrenschiff and the World Music Concours. The desire for a more harmonious society runs like a common thread through the work that Roshanak makes. Unnoticed

details, invisible people and forgotten stories are given the leading role in our performances. Interdisciplinary performances in which themes such as identity, boundaries and 'belonging' are central. As an artist, she searches for the physical roots in memory, the redefinition of traditions and rituals and where our movements come from. Together with Mami Izumi, she received the BNG Dance Prize for the performance Polished and was part of the DansClick 22 tour. Roshanak won the Dutch Dance Days Prize in 2020.

Richard Kofi



Richard Kofi (Netherlands, 1988) completed a Bachelor Arts and Culture Studies and a master American Studies at Radboud University in Nijmegen. Besides being a visual artist, Kofi is a programmer and curator. In his practice, he investigates unfinished histories and gives them speculative futures. His approach links the present, past and future. Together with Simone Zeefluik, he presents the podcast Project Wiaspora, about the ordinariness of art, culture and activism. After his position as programmer at Bijlmer Parktheater, from March 2023 he has been working as theatre programmer at Internationaal Theater Amsterdam.

Suzan Tunca



Suzan Tunca (TR, DE 1975) studied Theatre Dance at the Academy of Arts in Arnhem (today ArtEZ) between 1994 and 1997. After graduating, Suzan started working as a dancer, choreographer and choreographic assistant in the Netherlands and abroad working among others with Krisztina de Châtel and Dylan Newcomb. Between 2005 and 2014 she danced with Emio Greco | PC (now ICK Dans Amsterdam). In 2007 she was nominated for a Swan for the most impressive dance performance in the

Netherlands with *Hell*. She completed a MA degree in artistic research at the University of Amsterdam in 2015 and works since then as a dance researcher, and currently as the head of the ICK Academy. Between 2016-2019 she participated with DAS THIRD, the first 3rd Cycle research group in the performing arts in the Netherlands at the Graduate School of Amsterdam University of the Arts. Since 2018 she is PhD candidate at PhDArts Leiden University. Through her work as a dance researcher in professional and educational contexts and as a performing artist, she aims to contribute to the continuous regeneration and evolution of the art of dance and to its acknowledgement as an invaluable source for embodied knowledge and understanding.

Welcome kit

Rotterdam | 17 & 18 May

Programme at Dansateliers

Address: s-Gravendijkwal 58A, 3014 EE Rotterdam, The Netherlands

Phone: +31 010 43 69937

[Website](#)

Contact person

Hanne Blomme

+31619070399

hanneblomme@icloud.com

Dansateliers is located in the city centre of Rotterdam at ['s Gravenwijkwal 58a](#). (click it, it's a Google Maps link). The Dansateliers entrance is the small green gate to the left of the grand entrance of the building. You can ring at Kantoor/Foyer.

When you arrive at Rotterdam Central Station you can go for a:

- 15 minute walk
- a 5 minute cab ride. (plenty of those available when you exit the station)
- a 10 minute tram ride (+ short walk). Tram 21 (to Woudhoek), 23 (to Marconiplein) and 24 (to Holy) all leave at the Central Station. Get out at "Tiendplein" , make a left at the big intersection, and you're already on the 's Gravendijkwal. Check google maps for times.

Lunch is included and we will provide coffee, tea and snacks the whole day. Some tips for great food places will be given later in this document.

Hotel Supernova - *for international guests only*

You'll be staying at the [Supernova Hotel](#), which is a literal stone throw away from Dansateliers. The address is ['s-Gravendijkwal 68](#) and as it's a few metres from Dansateliers; you can use the travel options above to get there.

Check in: from 15:00

Check out: before 12:00

Breakfast

We will serve breakfast at Dansateliers between 08:00-10:00h.

Worst case scenario

The alarm number in the Netherlands is 112

Need a doctor?

Erasmus MC is the nearest hospital. You can call them at +31 10 704 0704 and their location is [Dr. Molewaterplein 30](#)

Dinner & Drinks

Of course, Rotterdam has plenty of options for dinner. Varying from pretty affordable to outrageously expensive. Feel free to ask us for more tips when you're here. But to start you off:

BAR + FOOD - Kaapse Maria (650m from Dansateliers)

Local beer brewer "Kaapse Brouwers" (the best Rotterdam beer of the World) has a nice bar with good food located at a quick walk from the hotel/Dansateliers. A well-loved local hotspot in a beautiful building (try to get a seat on their balcony!) with a big variety of beers and other drinks.

Location: Mauritsweg 52

[Menu](#)

Price point: €€

FOOD - De Kade (750m from Dansateliers)

Looking for Surinam/Asian food? With a lot of veggie/mock meat options? De Kade is a Dansatelier favourite.

Location: West-Kruiskade 17B

[Menu](#)

Price point: €

FOOD - TAKUMI (750m from Dansateliers)

Next door from de Kade you'll also find Takumi, which serves ramen in all different flavours. Even 4 vegan options!

Location: West-Kruiskade 9b

[Menu](#)

Price point: €

FOOD - RAINARAI (500m from Dansateliers)

Rainarai is all about flavours and spices. This North African restaurant makes beautiful dishes with either vegetables or meat. If it's sunny you'll want to make a reservation for their cosy terrace right on the street. And get the figs in dark chocolate as dessert. *chefs kiss*

Location: 1e Middellandstraat 134

[Menu](#)

Price point: €€



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Time to spare?

Have some time to spare and want to see a bit of Rotterdam? We have a great app called “Rotterdam Routes” which offers routes through the city based on themes.

Want to see some architecture? Interested in all our public art? Or maybe you are more of a history buff. They have a lot of options. The routes work with google maps, and give you information about certain places in the city. A great way to do sightseeing in your own time.

The classics (if you can't be bothered to walk around with an app)

[Museumpark](#)

Most of Rotterdams museums are centred in the Museumark (what's in a name). Including the much-hyped Boijmans van Beuningen Depot. The architect was inspired by Ikea's famous stainless steel salad bowls (no joke) and as it reflects most of the city, it's a great shortcut to doing an entire city walk: just walk around the Depot, and you'll see the entire skyline. (also really really pretty at night)



Amsterdam | 19 May

Programme at ICK Dans Amsterdam | Space for Dance Art

Address: Rijnlandlaan 3, 1062 MX Amsterdam

Phone: +31 020 6167240

[Website](#)

We provide coffee, tea, snacks, etc. and (vegan) lunch during the Atelier.

Contact person

Production - Gina Broeders | for any urgent matters or assistance in Amsterdam
+31620659957 gina@ickamsterdam.nl

Theater Bellevue

Address: Leidsekade 90, 1017 PN Amsterdam

[Website](#)

Transport

Tram 1 goes directly from ICK (Tram stop: Derkinderenstraat) to Leidseplein/Theater Bellevue (Tram stop: Leidseplein)

Trams and buses that go to Leidseplein in case you're coming from other places than ICK:

Tram: 1, 19, 2, 7, 5, 12

Bus: 347, 357, 397

Make sure to check Google Maps or 9292.nl to see the best way from your starting point to get to your final destination.

Bastion Hotel Amsterdam Zuidwest - *for international guests only*

Address: Hendrikje Stoffelsstraat 60, 1058 GC Amsterdam

Phone: +31 (0)20-6691621

[Website](#)

Breakfast is included in your stay at Bastion.

Dinner tips

Restaurants near Theater Bellevue

ITA Brasserie, situated inside Internationaal Theater Amsterdam

Address: Leidseplein 26, 1017 PT, Amsterdam

Trattoria Fantasia, Italian Food around the corner of Internationaal Theater Amsterdam

Address: Marnixstraat 417, 1017 PK, Amsterdam

De Smoeshaan, café right next to Theater Bellevue
Address: Leidsekade 90, 1017 PN, Amsterdam

Grand Café De Balie
Address: Kleine Gartmanplantsoen 10, 1017 RR, Amsterdam

Umaimon Ramen Noodles
Address: Korte Leidsedwardsstraat 51, 1017 PW, Amsterdam

Restaurants near Bastion Hotel

Le'moene
Address: Derkinderenstraat 44, 1062 BJ Amsterdam

Indonesian Wok
Address: Surinamestraat 9 Winkel, 1058 GJ Amsterdam

Warung Rahayu
Address: Rhijnvis Feithstraat 51, 1054 TW Amsterdam

Vegan Junk Food Bar
Address: Staringplein 22, 1054 VL Amsterdam

Night Kitchen -Restaurant and Bar
Address: Jan Pieter Heijestraat 172H, 1054 ML Amsterdam

General information

Emergency phone numbers

You certainly hope it will never be necessary, but something might happen during your visit which requires medical attention. Keep the following numbers close at hand:

112	The national emergency phone number. You can use this to receive urgent care from doctors, police, and fire departments. You can reach them on any phone.
0900 8844	Police. This is the national phone number for non-urgent care and problems. For emergency care, dial 112.
0900 0904	Fire department (national)
010 446 89 00	Fire department Rotterdam

Matters of money

In Rotterdam and Amsterdam, the euro is the legal tender. Practically anywhere in the town, you can pay at every register with cash, PIN and chip cards. Do you need cash money? ATMs and banks are always close by, particularly in the city centre. If you need to exchange other currency into euros, you can use e.g. the services of GWK Travelex at Stationsplein (next to Central Station Rotterdam) and at Rotterdam The Hague Airport. Amsterdam has currency exchange offices located throughout the city as well. Many shops and restaurants in Rotterdam and Amsterdam accept credit cards, but not all. It is therefore recommended to either ask before you order or ensure you have a sufficient amount in cash to cover the bill. Most shops and restaurants do not accept €200 or €500 notes.

Public transport

For Dutch train schedules, use the [online planner](#) or download the mobile apps [NS Reisplanner](#) and [9292](#).

Public transport chip card (OV-Chipkaart)

In Rotterdam and Amsterdam, and throughout the Netherlands, the [public transport chip card \(OV-Chipkaart\)](#) is a rechargeable card used for travel on trams, buses, metros and trains. Residents typically own a personalised card that can be loaded up with credit. However, it is also possible to purchase a non-personalised card that can be reused and recharged with credit at any time.

- **Non-personalised cards:** Available at GVB ticket machines, GVB Tickets & Info offices, and select newsstands and supermarkets.
- **Personalised cards:** [Available online](#). Please note that public transport cards provided by Dutch Railways (NS) can also be used on other parts of public transport. These passes require a passport-style photo.

The [official OV-Chipkaart website](#) offers helpful, in-depth advice in English, from checking in and out and transfers to public transport companies and detailed explanations about how to recharge your card with credit.

AMSTERDAM: Tram

There is a reliable and frequent tram service across Amsterdam (except for Amsterdam-Noord), with many routes terminating at Central Station. It is easy to check in and out with a [public transport chip card \(OV-Chipkaart\)](#) at the start and end of your journeys (including when you change trams). Alternatively, it is possible to purchase a 1, 24 or 48-hour ticket aboard most trams using a credit or debit card. Other tickets (including multi-day tickets) can be purchased at [GVB Tickets & Info offices](#) or GVB ticket machines.

Please note: GVB's public transport network is cashless. You can only purchase a ticket on board trams and buses with a debit or credit card.

AMSTERDAM: Metro

Amsterdam's metro system radiates from Central Station to the city's outlying districts. Its four routes are often the fastest way to reach districts like Bijlmer, Amstelveen and Diemen. Metro stations are gated by check-in and check-out ports, accessible only with a [public transport chip card \(OV-Chipkaart\)](#) or another valid travel card. If you do not have a personal chip card, you can purchase a 1-hour ticket or a rechargeable non-personalised public transport chip card at [GVB service desks](#) or ticket machines at the station.

Hospitals

ROTTERDAM: *The closest hospital and emergency care to Dansateliers is:*

Erasmus Medical Centre

's Gravendijkwal, 230 3015 CE Rotterdam

010 704 07 04

AMSTERDAM: *The closest hospital and emergency care to ICK is:*

OLVG Locatie West

Jan Tooropstraat 164, 1061 AE Amsterdam

020 510 8911

Emergency dentist

ROTTERDAM: Dental365

Dr Molewaterplein, 30 3015 GD Rotterdam

+31 85 105 1760

AMSTERDAM: Mondzorg Poli

Louwesweg 6, 1066 EC Amsterdam

+31 020 723 4848

AMSTERDAM: Pharmacies near Bastion Hotel / ICK Dans Amsterdam

Apotheek Delflandplein

Address: Rijswijkstraat 10, 1062 EE Amsterdam

website: <https://24-7medicijnen.nl/pharmacy-details/apotheek-delflandplein>

or

Apotheek Staring / Pharmacy

Address: Overtoom 392, 1054 JS Amsterdam

Website: <http://www.staringapotheek.nl/>

Police

ROTTERDAM: Rotterdam has various police stations in the city centre, but also in the outlying city districts. Police headquarters is open 7 days a week, 24 hours a day:

Police Headquarters (Rotterdam City Centre)

Doelwater 5, 3011 AH Rotterdam

AMSTERDAM: Police station closest to ICK: Basisteam Nieuw West Noord

Postjesweg 179, 1062 JN Amsterdam

Open 08.00-18.00h

Non-emergency police phone number: 0900-8844 or +31 (0)34 357-8844 (This number has a base rate of 9.4 cents and 2.76 cents per minute).

ROTTERDAM: Luggage storage

Do you want to discover Rotterdam unencumbered by your luggage and leave it somewhere safe? This is possible at Rotterdam Central Station. Lockers can be rented for maximum 72 hours. It is possible to open it before that time, but that will mean you need to pay the locker rent again. Payment beforehand, with pin or credit card. Prices from € 4,00 per hour (for the first 24 hours), depending on the size of the storage locker. More information

Another option to store your luggage is offered by Radical Storage. They offer an easy and affordable solution for storing any luggage item in the city, especially near Rotterdam Central Station. Whether it is a stroller, a large suitcase, or sports gear, the service charges a fixed daily rate of €5 per item and an optional €1,75 guarantee fee for each bag stored. With their Radical Storage app and website, you have access to several options where you can safely leave your bags. Book a storage solution with a 5% discount.

ID required in public

In the Netherlands, and therefore also in Rotterdam and Amsterdam, the police and regulatory authorities (such as bus and train conductors) are allowed by law to ask for your proof of ID. Care providers are also allowed to check your identity. This is only allowed in certain situations:

- traffic surveillance
- maintaining public order / security
- investigating criminal offense

In those contexts, you need to be able to show authentic, valid proof of identity (passport or ID card). If you are unable to do so, you are in violation of the law and run the risk of being taken to the police station or receiving a fine.

Climate and weather

The Netherlands has a temperate, maritime climate, generally involving mild winters and cool summers. The climate is mainly due to the coastal proximity of the Netherlands to the North Sea. In general, the coastal provinces – including Rotterdam – usually have milder autumn and winter months than the inland, eastern provinces. Spring and summer in the west are usually slightly cooler than in the east and south of the country. The weather is a favourite topic of conversation in the Netherlands. Not in the least because it can vary greatly, influenced by weather fronts and wind conditions. There is no universal advice or prediction we can give, so check the current weather info and forecast online before and during your trip, for instance with the [Buienradar](#).

More tourist information

<https://en.rotterdam.info/>

<https://www.iamsterdam.com/en/>